

## *Links to Helpful Resources & Information in Response to the Coronavirus*

### **GENERAL INFORMATION & NEWS OUTLETS**

- [CU Anschutz Coronavirus Website](#)
- [Centers for Disease Control & Prevention Coronavirus Website](#)
- [Colorado Department of Public Health & Environment Coronavirus Website](#)
- [Tri-County Health Department Coronavirus Website](#)
- [City of Aurora Coronavirus Website \(Information in 9 Languages\)](#)
- [Aurora Public Schools Coronavirus Website](#)
- [Arapahoe County Coronavirus Website](#)
- [Adams County Coronavirus Website](#)
- [Colorado Restaurant Association Policies & Protocols](#)
- [Colorado Public Radio Daily Coronavirus Newsletter](#)
- [Free New York Times Daily Coronavirus Newsletter](#)
- [Free Washington Post Daily Coronavirus Newsletter](#)
- [Learn About Public Health Emergency Support Functions](#)
- [COVID-19 Denver Area Community Resources & Updated Medical Information](#)
- [Directory of Partners & Organizations Serving the Latino Community](#)
- [UCHealth Coronavirus Website](#)

### **FOOD RESOURCES**

- [Aurora Public Schools Breakfast/Lunch Grab & Go Sites](#)
- [Secocares Drive-Through Food Bank](#)
- [Cherry Creek School District Free Meal Sites](#)
- [Denver Public Schools Food Distribution Sites](#)
- [King Soopers Temporary Updated Store Hours](#)
- [Food Bank of the Rockies](#)
- [City of Aurora Food Resources for Kids](#)
- [Hunger Free Colorado Food Resources](#)
- [Colorado Department of Education Emergency Feeding Program](#)
- [Child & Adult Care Food Program](#)
- [Colorado WIC Resources](#)
- [SNAP Opportunities Guide](#)
- [Denver Area Open & Closed Food Pantries](#)

### **REQUEST ASSISTANCE**

- [CU School of Medicine Students Available for Community Help](#)
- [No Kid Hungry COVID-19 Grant Opportunity](#)
- [Denver Small Business Emergency Relief Program Form](#)

### **MEDICAL RESOURCES**

- [STRIDE Community Health Centers](#)
- [DAWN Clinic](#)

- [Emergency Connect for Health Colorado Enrollment for Currently Uninsured](#)

### **RESOURCES FOR KIDS & FAMILIES**

- [Scholastic Learn at Home Website](#)
- [Virtual Field Trips](#)
- [Enrichment Activities](#)
- [Entertaining & Educational Indoor Activities](#)
- [Mile High United Way Childcare Referrals](#)
- [Colorado Emergency Childcare Collaborative](#)

### **FINANCIAL/UTILITY INFORMATION, RESOURCES & TIPS**

- [Article: “Denver Residents to Get Reprieve from Evictions, Utility Shutoffs During Coronavirus Crisis”](#)
- [Article: “Colorado Workers Affected by COVID-19 Closures Eligible for Assistance”](#)
- [Article: “Here Are 8 Steps to Take if You Can’t Make Ends Meet Because of the Coronavirus”](#)
- [Article: “How Utility, Phone, & Internet Companies Are Giving Consumers a Break During Coronavirus Pandemic”](#)
- [Article: Which Consumer Lenders Are & Aren’t Helping the Most](#)
- [Press Release: “House Passes Families First Coronavirus Response Act”](#)
- [Xcel Energy’s Response to COVID-19](#)
- [Credit Card Issuers Offer Customer Assistance in Response to Coronavirus](#)
- [Small Business Guidance & Loan Resources](#)
- [Free Comcast Internet Essentials](#)
- [Connect with Mile High United Way to Learn About Financial Assistance Options](#)
- [List of Remote Job Opportunities](#)

### **ENTERTAINMENT/EDUCATIONAL RESOURCES**

- [Free Ivy League Online Courses](#)
- [Broadway Plays & Musicals to Watch from Home](#)
- [Nightly Opera Online Streams](#)
- [Virtual Museum Tours](#)
- [Free Books, Music, Movies, & TV Shows Through Hoopla with Library Card \(Get Your Library Card Online\)](#)
- [List of Free Online Courses, Audio Books, eBooks, Movies, Coloring Books, & More](#)

### **GIVING OPPORTUNITIES**

- [Aurora Public Schools Food & Crisis Fund](#)
- [Support Colorado Arts During Coronavirus](#)
- [Mile High Behavioral Healthcare Centers](#)
- [Food Bank of the Rockies](#)
- [Sign Up to Give Blood with Viatalant](#)
- [Register to be a Disaster Volunteer](#)
- [Volunteer with or Donate To Help Now Colorado](#)
- [Volunteer with Mile High United Way](#)

## **SELF CARE & MENTAL HEALTH RESOURCES**

- [Article: “Don’t Go Down a Coronavirus Anxiety Spiral”](#)
- [Video & Article: “Coronavirus – How to Manage Your Mental Health During Self-Isolation”](#)
- [World Health Organization Mental Health & Psychosocial Considerations](#)
- [Crisis Text Line Tips](#) (or Text HOME to 741741 to Connect with a Crisis Counselor)
- [Short Breathing Exercise](#)
- [Isle of Calm: Stream 6 Hours of Soothing Music](#)
- [Aurora Mental Health Center](#)
- [CU Department of Psychiatry COVID-19 Support](#)